ESCAPE:

Preparing healthcare professionals for cyberattacks



Material for learners

Online workshop on how to set-up our device

ESCAPE: Preparing healthcare professionals for cyberattacks		
Taller online sobre cómo configurar nuestro dispositivo		
Language	Spanish	

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Taller online sobre cómo configurar nuestro dispositivo "Taller online sobre cómo configurar nuestro dispositivo". It offers infographics, links, and mini-games to create a safe environment at home to protect ourselves from internet risks.

Classification 1.

Category	Mark if applies
	☐ Healthcare
Sector	☑ General public
	☐ Other
Tanias savarad	☑ Cybersecurity
Topics covered	☐ Data protection
Situation type	✓ Prevention
	☑ Impact
	☐ Impact on all other activities not involving direct patient care.
	☐ Dutch
	☐ English
Language of the original materials	☐ German
	☐ Italian
	☑ Spanish
Type of the material	☑ Guidelines or manuals



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		☐ Case or examples
		☐ Training courses
		☐ Others

2. Description

The material includes several links with guidelines aimed at educating minors on how to protect themselves online and promote a safe cyber environment at home.

2.1. Origin

The material was created by INCIBE, the Spanish "National Cibersecurity institution". It is a national organisation dependent on the Ministry of digital transformation and economic issues. It is considered as the reference entity for cybersecurity development, improvement of citizen digital trust, and academic research in that matter in Spain.

2.2. Why is it relevant/important for ESCAPE

The material is relevant because, due to the rise of new technologies and early access to them, it is important to understand the risks and how to avoid them.

2.3. Lessons learned

- **Introduction**: The material helps parents create a safe cyber environment at home with their children.
- Target group:
- Risks summary:
 - Sharenting.
 - o Identity theft.
 - Sexting.
 - Fakenews.
 - Virus and malware.
 - Grooming.
 - Cyberbullying.
- Solutions or contingency measures:
 - Develop a positive digital identity.
 - Identify risks (data protection, avoiding viruses and fraud, etc.).
 - Teach respectful and healthy relationships online.
 - Balanced use of ICT (Information and Communication Technologies).



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• Tips and tricks:

- o Apply rules and limits adjusted to their maturity.
- Use parental control tools.
- Get involved in searching for positive and appropriate content.

3. Direct link to the material

https://www.incibe.es/menores/recursos/promoviendo-ciberseguridad-desde-la-familia-y-la-escuela

4. Other resources (optional)

The material includes several links to get deeper into specific topics or to additional material such as mini-games to raise awareness about the importance of cybersecurity among children of different ages.



